

Ms. Natali's Counselor Corner

Dear Middle and High School Students and Parents/Guardians,

I welcome you to a fantastic school year! I look forward to assisting with your academic, career, and social/emotional goals.

Your School Counselor Is:

- Youth advocate who works collaboratively with parents, students, teachers, administrators and communities.
- Educational specialist who assists students with their academic, career development and social/emotional areas.

The Goals of the School Counseling Department Are:

- To assist students with educational, career, and social/emotional goal planning.
- To develop personalized programs based on each student's strengths and needs.
- To help students understand themselves and others.
- To assist students in identifying and dealing with problems.
- To facilitate the identification of students with special needs.
- To provide crisis intervention when necessary.
- To coordinate referrals to school and community support services.
- To serve as a resource and advocate to students, parents/community, teachers, and administrators.

Some Reasons to Contact the School Counselor Are:

- Academic skills support
- Career preparation
- Postsecondary planning and application process
- School adjustment issues
- Coping, problem-solving, decision-making concerns
- Organizational, study and test-taking skills
- Peer relationships and conflict resolution problems
- Divorce, separation and family changes
- Experiencing loss, death and grief
- Substance abuse awareness
- Multicultural/diversity awareness
- School-based and community resources information or referrals

Please visit my counseling website <http://believeyoucan.kpbsd.org>. This site is updated periodically. You may also contact me at **907-235-4620** or **njones@kpbsd.org**

With gratitude,
Natali Jones
School Counselor